

## Reliable Health Information on the Internet

**MedlinePlus** is the National Institutes of Health's Web site for patients and their families and friends. Produced by the National Library of Medicine, it brings you information about diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free. You can use MedlinePlus to learn about the latest treatments, look up information on a drug or supplement, find out the meanings of words, or view medical videos or illustrations. You can also get links to the latest medical research on your topic or find out about clinical trials on a disease or condition.

<http://www.medlineplus.gov>

**ClinicalTrials.gov** is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details. This information should be used in conjunction with advice from health care professionals.

<http://www.clinicaltrials.gov>

**National Institutes of Health** - Consumer health information provided directly from the National Institutes of Health. This site provides information about diseases and conditions, wellness and prevention, medical procedures, and health topics including men's health, women's health, senior's health. <http://health.nih.gov>

**Kaiser Permanente** provides a variety of health topics on its website relating to health and wellness. Also included is information on diseases and conditions, a health encyclopedia, and a health checker. <https://www.kaiserpermanente.org/>

**ConsumerLab.com** - As an independent testing laboratory, ConsumerLab Tests and evaluates the contents and quality of over-the-counter supplements and herbal products. It publishes results of its tests in comprehensive reports online and also also conducts an annual *Survey of Vitamin & Supplement Users*. Although not all articles can be accessed for free, annual subscriptions are available at a very low cost. <http://consumelab.com>

**MedlinePlus Drug Information** - Learn about your prescription drugs and over-the-counter medicines. Browse dietary supplements and herbal remedies.

<http://www.nlm.nih.gov/medlineplus/druginformation.html>

**Physician's Desk Reference for Consumers** – The Drugs.com online drug reference allows visitors to search for information on OTC and prescription drugs. <http://www.drugs.com/pdr/>